

Summer School Schedule

Week 1:

1. **Circle Time: (15 min)**

Research and Presentation Skills- Topic: Egypt

(Culture, traditions, religion, political and economical status, flag)

2. **Aerobics: (15 min)**

3. **Language Arts: (30 min)**

Elementary: Literacy Activities, phonics, reading fluency.

Middle/High School: Advanced reading comprehension, vocabulary, literacy analysis.

4. **Math and Abstract Thinking Activities: (30 min)**

Elementary: sorting, classification, opposites, taking turns, playing what's wrong here, math basic skills

Middle/High School: Geometry, measurement, spatial reasoning, word problem.

5. **Cooking and Brunch: (45 min)**

Day 1: Roast Beef, Cheddar Cheese and Basil Sandwich.

Day 2: Chicken Pasta Salad

Day 3: Italian Nachos

Day 4: Pizza

Day 5: Tropical Fruit Salad

6. **Health Awareness Class: (30 min)**

Elementary: Teeth, how to take care of my body, wonderful food, staying well.

Middle/High School:

- Perform at least thirty minutes of weight-bearing exercise daily (walking, jogging, stair climbing).
- Learn to eat a well- balanced diet
- Learn to dress appropriately for the weather.
- Don't smoke- no matter how cool it looks now.
- Wash hands after using the toilet and before eating.

7. **Sports and Fun Activities: (50 min)**

Elementary: play dough, foam, sand and water play, handwriting help, vestibular movement

8. **Music: (25 min)**

9. **Scouts**

Week 2:

1. Circle time: (15 min)

Research and Presentation Skills- Topic: USA

(Culture, traditions, religion, political and economical status, flag)

2. Aerobic: (15 min)

3. Language Arts: (30 min)

Elementary: Literacy Activities, phonics, reading fluency.

Middle/High School: Advanced reading comprehension, vocabulary, literacy analysis.

4. Math and Abstract Thinking Activities: (30 min)

Elementary: sorting, classification, opposites, taking turns, playing what's wrong here, math basic skills

Middle/High School: Geometry, measurement, spatial reasoning, word problem.

5. Cooking and Brunch: (45min)

Day 1: Turkey, Cheddar Cheese and Basil Sandwich.

Day 2: Italian Tuna Salad

Day 3: Chocolate Dipping

Day 4: Chicken Pasta Salad

Day 5: Pop- Corn

6. Health Awareness Class: (30 min)

Elementary: Teeth, how to take care of my body, wonderful food, staying well.

Middle/High School:

- Learn anger management and how to argue effectively.
- Cut down on television watching and computer.
- Practice healthy skin-care habits.
- Learn how to be loyal friend and confidant.
- Brush with an ultra sound tooth brush twice daily; floss correctly.

7. Sports and Fun Activities: (50 min)

Elementary: play dough, foam, sand and water play, handwriting help, vestibular movement

8. Music: (25 min)

9. Trip: Wadi el Natroun

Trip will include different activities that will recap all skills students gained during the summer school.